

Chil Sung O Ro

1. Jhoon Bee Jaseh
2. Embrace the moon both hands out in front
3. Raise hands up and around ending in double front inside outside block
4. Reverse palm heel
5. Ha Dan Mahk Kee
6. Sang Dan Mahk Kee
7. Choong Dan Kong Kyuk
8. Teul Oh Choong Dan Kong Kyuk
9. Ha Dan Mahk Kee
10. Sang Dan Mahk Kee
11. Choong Dan Kong Kyuk
12. Teul Oh Choong Dan Kong Kyuk
13. Ha Dan Mahk Kee
14. Sang Dan Mahk Kee
15. Ha Dan Mahk Kee
16. Sang Dan Mahk Kee
17. Sang Dan Mahk Kee
18. Clear up with wrist
19. Teul Oh Sang Dan Kong Kyuk
20. Clear up with wrist
21. Teul Oh Sang Dan Kong Kyuk
22. Choong Dan Kong Kyuk
23. Sang Dan Mahk Kee
24. Teul Oh Sang Dan Mahk Kee
25. Wheng Gin Kong Kyuk
26. Sang Dan Mahk Kee
27. Teul Oh Sang Dan Mahk Kee
28. Wheng Gin Kong Kyuk

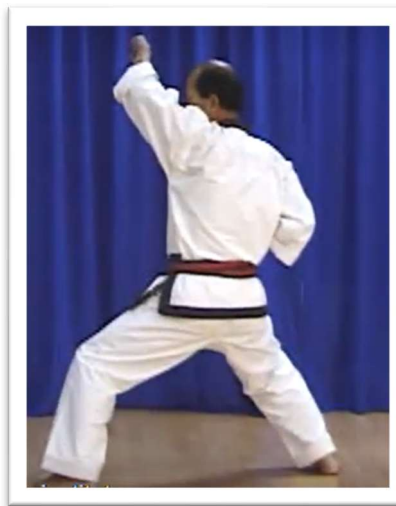
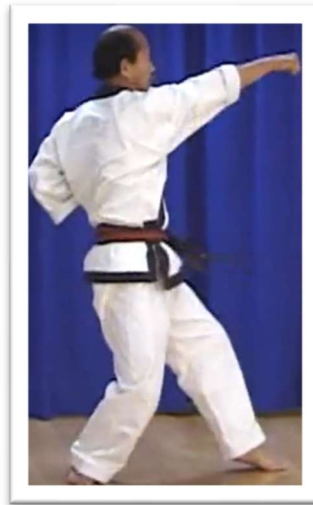
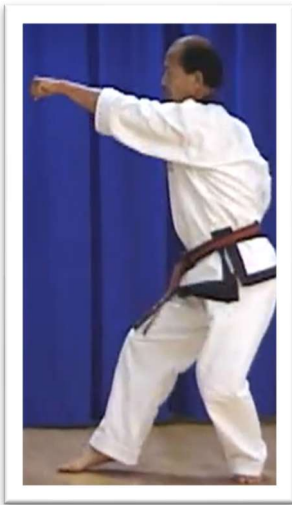
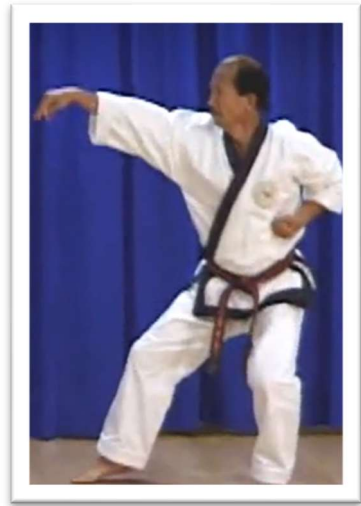
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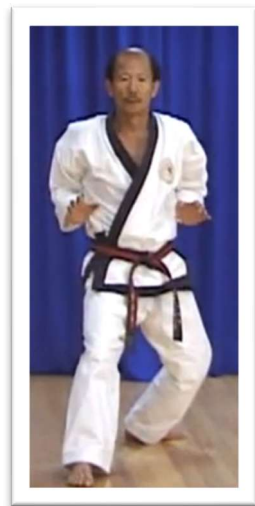
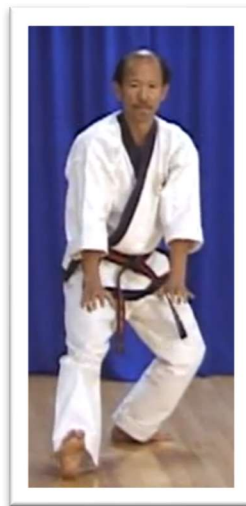
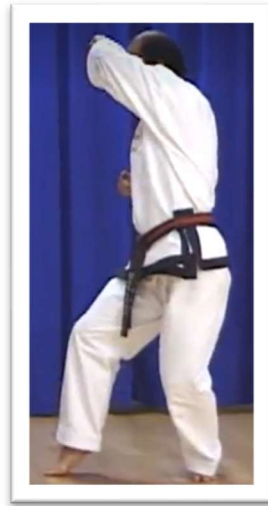
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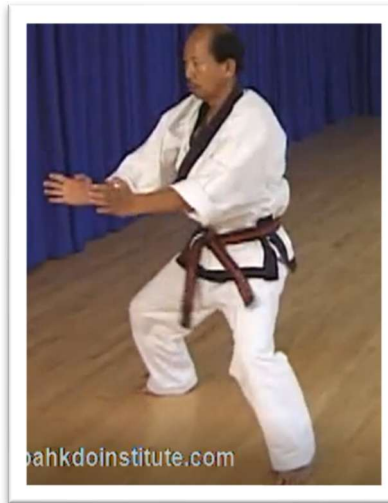
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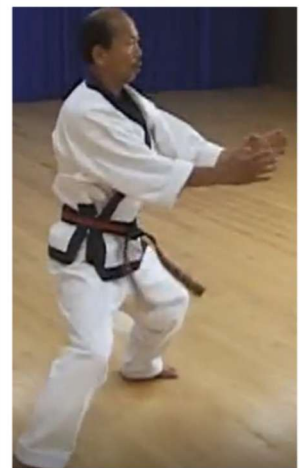
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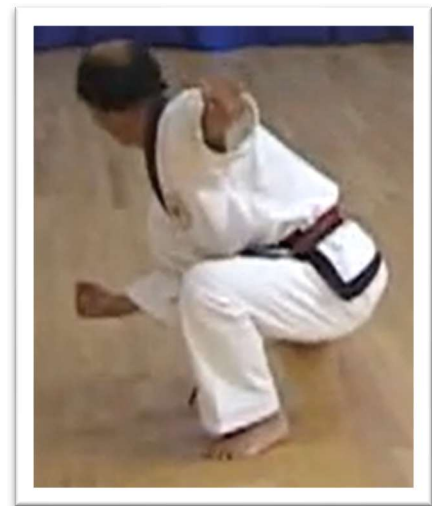
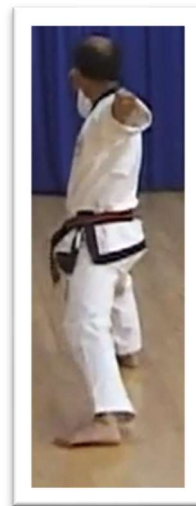
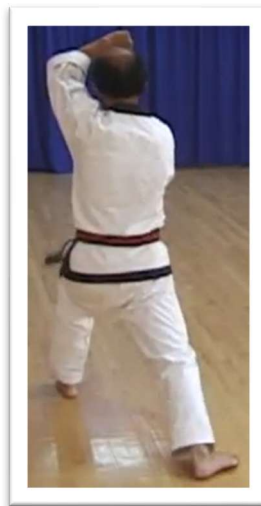
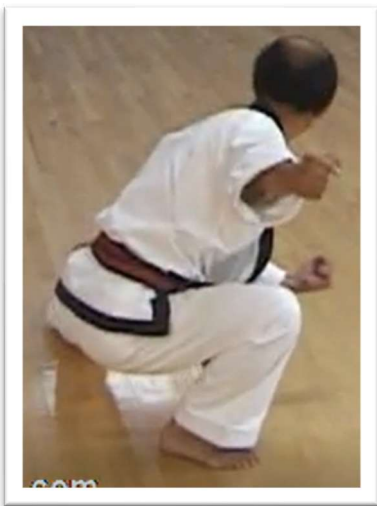
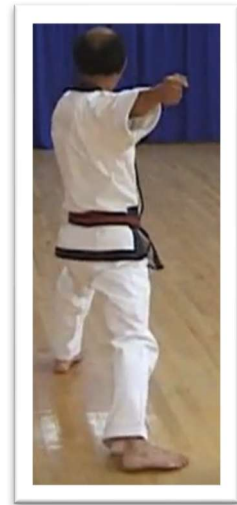
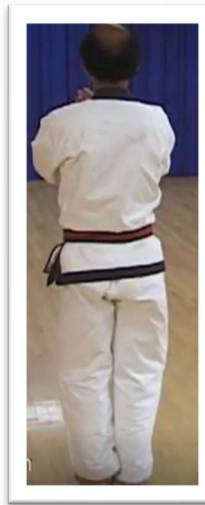
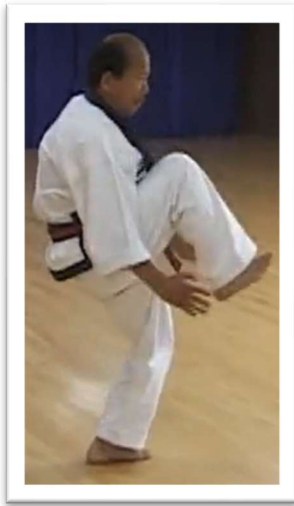
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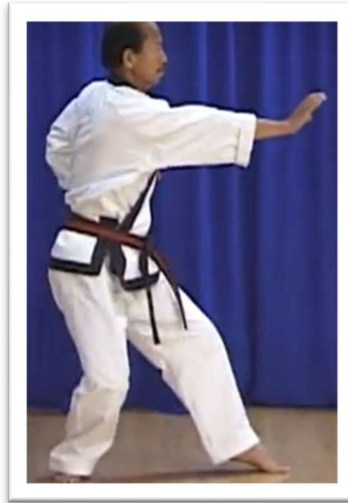
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